



Southern Bluegrass

February 2, 2018

11:30am-1:00pm

Meeting Summary

**Meeting Attendees-** Brian Dufresne, Lisa Gabbard, Carla Jordan, Ian “Nick” Marks, Sabina Massey, Lt. Schafer, Rachael Ratliff, LaToya Vaughn and Verne Webb.

**Absent Panel Members-**, Robert “Nimbo” Hammons.

### **Introductions/Greetings-**

Members introduced themselves and welcomed Lt. Schafer of Fayette County Public Schools Law Enforcement as a new Southern Bluegrass Citizen Review Panel Member.

During this fiscal year the Southern Bluegrass CRP will focus on two areas

### **Work Focus #1: Educate community about services & resources that aid in decrease of abuse and neglect (Promote DCBS in healthy manner)**

1. Conversation on Collaboration- 4/27/18
2. Opioid Addiction – Narcan Training (held on 12/6/17)
3. Handle with Care Pilot Project-ongoing

### **Work Focus #2: Increase employee morale and retention rates**

1. Provide educational activities on self-care (mindfulness).
2. DCBS Employee Recognitions.

### **Upcoming Projects**

#### **Handle with Care.**

- Handle with Care provides the school with a “heads up” when a child has been identified by law enforcement at the scene of a traumatic event.
- Sabina Massey and Chief Weathers mentioned that the Handle with Care Project is awaiting the approval process by the Administrators of Fayette County Public Schools. Once approval has been received the Handle with Care Team (Lt. Napier and Andrea Darr) from West Virginia will be invited to conduct training and the program will be rolled out to all Fayette County Public Schools. CRP Members will be kept updated and will be invited to the leadership meeting.

#### **Provide Educational Activities on Self-Care (Mindfulness).**

- The YouTube Channel has been created and made public. It is currently listed as [Southern Bluegrass Region CRP](#). Videos have been updated. Panel members are encouraged to share the YouTube Page on their social media. The page provides videos for stress reduction, self-care and mindfulness and mediation that could be done relatively quickly at one’s desk.

### **Annual Conversation on Collaboration**

- Conversation on Collaboration will take place on April 27, 2017 @ Fayette County Extension Office from 8:30am-12:00pm.
- Save the Date Cards were sent.
- Rachel will invite April Davis, Southern Bluegrass Region SRA to present Recognition awards on behalf of DCBS.

- The Topic for this upcoming year is on issues surrounding Addiction and Treatment.
- As of date Mr. Paul Dalton is interested in presenting but will confirm upon checking his calendar.
- It was discussed that the following be discussed:
  - Trends, Signs, symptoms and treatments- From Provider.
  - “How to talk to youth about drugs” or “Drug Awareness” Lt. Schafer of Fayette County Public Schools and possible the New Chief of Fayette County Police, Chief Weathers, will address how they are working with youth and families in the school system. Will also introduce the audience to the work they are doing with the Handle with Care Project.
- Will have assigned seating to encourage discussions that filter future collaborations.
  - What we can do to help. Invitees, Tina (Free Lex) Narcan Trainer, Dr. LeChrista Finn of Kentucky State University, Police officer and others would ask these individuals to help to facilitate discussion on how community members can work together to build collaborations.
  - Will develop email listserv: “Kentucky Collaboration” to be used to as a community board that connect individuals with services and goods. The listserv will be used as a conduit to solicit help for families, clients, etc.
- CHFS Worker Recognition: Panel members were previously asked to solicit donations for monthly employee recognitions. Members were asked to secure items such as office supplies, gift cards for food, gas, movies and other non-cash items. Since Commissioner Johnson has implemented a monthly employee recognition we will not duplicate services. Instead we will recognize 5 workers annually at the Conversation on Collaboration. This far, Ms. Vern has secured 5 pens with a message from the Southern Bluegrass CRP. A solicitation letter has been included with meeting summary.

Conversation on Collaboration Tentative Agenda:

8:30-9:00am	Registration and Breakfast
9:00- 9:15	DCBS Award Recognition
9:15-9:45	1 <sup>st</sup> Presenter Overview Substance Abuse: Trends, Signs, symptoms and treatments- From Provider. (P.Dalton, Geoff Wilson or Dr.LeChrista Finn.) Will be determined by 2/9/18.
9:45-10:00	Break
10:00-10:30	“How to talk to youth about drugs” or “Drug Awareness” Lt. Schafer or Chief Lawrence Weathers Fayette County.
10:30-11:00	Table Discussions. Each table with have discussion questions. What are you currently doing in your community to aid in substance abuse crisis? What works what improvements are needed? How can we partner together.
11:00- 12:00	Roundtable Panel Discussion Discuss information garnered during table discussions.

**Action Items:**

- Carla and Rachel will send the invitation to April Davis
- All members solicit worker recognition donations
- Carla will secure Keynote Speaker. (Paul Dalton or LeChrista Finn).
- Submit resources to be included in Community Directory
- Collect give away items
- Promote Conversation on Collaboration
- Promote YouTube Channel (Southern Bluegrass CRP)

**Next Meeting March 2, 2018, 1500 Bull Lea Road, Lexington, KY 40511**