

ADOPTION SUPPORT FOR KENTUCKY (ASK)

ASK offers support group meetings to adoptive parents, foster parents, and relative caregivers throughout the Commonwealth. Each meeting includes support and specialized training provided by an Adoptive Parent Liaison. Adoptive Parent Liaisons also provide one-on-one support and information by phone, e-mail, and in person.

If you want to share resources, suggestions, frustrations, and successes with those who share the unique experience of adopting and/or fostering, ASK is for you! Through learning and sharing together, ASK strives to prevent placement disruption and adoption dissolution.



ASK US ABOUT...

- **Peer support for foster/adoptive parents and relative caregivers in your community**
- **Parenting topics related to your family's unique needs**
- **Childcare at most local support groups**
- **Cabinet-approved ongoing elective training credit for foster homes**

BENEFITS OF PEER-LED SUPPORT GROUPS

- **Enables parents to share resources and suggestions**
- **Validates parents' experiences unique to foster/adoptive parenting**
- **Opportunities to share coping and parenting strategies**
- **Celebrate successes together**
- **Discuss challenges and problem-solve in a confidential setting**
- **Connect families who may provide respite for each other**
- **Receive insights from experienced adoptive parents**
- **Offer encouragement, affirmation, and hope**



WHO CAN BE PART OF ASK?

Any of Kentucky's foster/adoptive families and relative caregivers can be a part of ASK. Some who attend support group meetings adopted years ago, while others have recently formed their Forever Family. Others who attend are caring for the child of a relative or are considering foster parenting or adoption.

ASK is proud to offer its services to families formed through state, private, or international adoption. Foster parents through the state or with private child placing agencies are also welcome as are relative and fictive kin caregivers.

There is no need to call ahead or R.S.V.P. Just show up!

In partnership with the Cabinet for Health and Family Services Department Community Based Services, the UK College of Social Work's Training Resource Center (TRC) recognizes adoption, foster care, and relative caregiving as a unique commitment to ensuring the safety, permanency, and well-being of Kentucky's children. The following programs and team members work in collaboration at the TRC to serve those having made this commitment.

ASK

Karen Bowman
859-257-3196
karen.bowman@uky.edu

Foster Parent Training Program

George Humlong
859-257-2106
georgehumlong@uky.edu

Foster Parent Mentor Program

Jeff Damron 859-257-9837 jdamr2@uky.edu	Tamikia Dumas 859-257-8339 tduma1@uky.edu
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Medically Complex Training Program

Lisa Casebier
859-257-5162
lisa.casebier@uky.edu

Missy Segress, TRC Director
859-257-6186
missysegress@uky.edu

Jessica Fletcher, TRC Associate Director
859-257-2134
Jessica.day@uky.edu

HOW DO I GET INVOLVED?

For local support group information, contact your
Adoptive Parent Liaison(s)

OR

ASK Program Coordinators
Toll free: 1-877-440-6376
Email: adoptky@uky.edu
<http://trc.uky.edu/ask/>



Adoption Support for Kentucky



PARENTS SUPPORTING PARENTS



1500 Bull Lea Road, Suite 194
Lexington, KY 40511
859-257-7361
1-877-440-6376
Email: adoptky@uky.edu
<http://trc.uky.edu/ask/>

Paid for in whole or in part with State or Federal Funds.