



TRC Annual Report

July 1, 2016 – June 30, 2017

UK College of
Social Work
Training Resource Center



Mission

The mission of the University of Kentucky College of Social Work's Training Resource Center (UK TRC) is to provide training, technical assistance, service, and evaluation to professionals and caregivers working to improve the well-being of families, children, and communities.

Overview

The UK TRC has been designing and implementing child welfare training, evaluation, and service programs across the state for over two decades. Working as a team of staff and associated faculty, the TRC administers, implements, and supports numerous child welfare programs, each of which brings best practices to human service providers, foster/adoptive parents, and relative caregivers.

Striving to achieve the goals of safety, permanency and well-being for Kentucky's children are not goals that can be the sole responsibility of one agency. Collaboration is the foundation for achievement of such important goals. The UK TRC is a collaborative partner in Kentucky's University Training Consortium (UTC), a nationally recognized training and professional development system. The Training Resource Center is pleased to be a collaborative partner with the Kentucky Cabinet for Health and Family Services, and the lead university for the UTC, Eastern Kentucky University (EKU), in the effort to make Kentucky a safer, healthier place for children and families.

The information contained in this report is a review of the activities and services performed by the UK TRC that illustrates how contract objectives for each funded program or project were met. These services were provided from July 1, 2016 through June 30, 2017. Additional information about these programs and the UK TRC can be found at www.uky.edu/TRC/.

UK College of Social Work Mission

<https://socialwork.uky.edu/mission-vision/>

University of Kentucky Mission, Vision & Values

<http://www.uky.edu/sotu/2015-2020-strategic-plan#UK%20Mission>

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TABLE OF CONTENTS

Adoption Support for Kentucky	1
Children’s Justice Act Task Force	4
Citizen Review Panels	6
Credit for Learning	8
Foster Parent Mentor Program	12
Foster Parent Training Program	14
Grandparents & Other Relatives Raising Children Training Project	17
Medically Complex Training Program	18
Office of Child Welfare Evaluation, Support and Technology	22
Office of Professional Development and Continuing Education	25
Public Child Welfare Certification Program	28



Adoption Support for Kentucky (ASK) specializes in the utilization of support groups to offer pre and post adoptive support and services to foster/adoptive parents. ASK provides the opportunity to share resources, suggestions, frustrations, and successes with those who share the unique experience of adoption. ASK strives to prevent pre-adoption disruption and post-adoption dissolution throughout the Commonwealth through peer-led support and training. Information and support are also provided by phone, email, and during one-on-one meetings with local Adoptive Parent Liaisons. Any adoptive family may be a part of ASK. Those who attend may be caring for the child of a relative or fostering and considering adoption. ASK is proud to offer its services to families formed through state, private, relative, or international adoption.

Objective 1: Provide training for Adoptive Parent Liaisons (APLs)

- Program Coordinator(s) met with each APL at least once to observe them conducting an ASK meeting
 - 10 site visits were conducted
 - Each APL received one-on-one coaching and written feedback regarding strengths and suggestions for improvement
- Orientation and training were provided to APLs hired in FY17. Each APL observed at least four ASK meetings and at the fifth meeting they served as a leader. Program Coordinator(s) observed them and provided feedback.
- APLs received training on June 3rd presented by international trainer, Paris Goodyear-Brown, LCSW, RPT-S. The training was entitled, *Delight in Me: Bringing Back the Joy for Families in Distress*, which helps families recapture the joy stolen by neglect, trauma, anxiety, or a lack of connectedness between parent and child. A total of six APLs were in attendance.
- On June 4th, APLs participated in professional development facilitated by Program Coordinators. They received information related to ASK childcare provision, group facilitation strategies, and program policies and procedures.

Objective 2: Conduct support groups via Adoptive Parent Liaisons

- APLs held ASK support groups throughout Kentucky in all nine DCBS Service Regions
 - 364 support group meetings were held
- 1,661 adult attendees participated in ASK support groups
Note: This number includes adults who attended a support group more than once in FY17
- 284 adults attended an ASK support group for the first time
- Childcare was provided at most ASK meetings. 1,496 children received childcare services while their parent/caregiver participated in an ASK support group.
Note: This number may include children who attended a support group with their caregiver and received childcare services more than once in FY17
- One-on-one training was provided by APLs to 53 foster/adoptive parents
- Support and training was provided at all ASK support group meetings

Objective 3: Provide ongoing technical support to Adoptive Parent Liaisons

- Program Coordinators communicated regularly with APLs to provide them with information and support to aid them in their role with ASK
- Program Coordinators updated the APL monthly reporting form and provided trouble shooting to ensure accurate reporting
- Program Coordinators continued updating the ASK Training Library that APLs utilize for the trainings they provide at ASK meetings
 - 45 trainings were revised in FY 2017
 - There are 54 total trainings included in the ASK training library
 - Two new trainings were submitted for approval
- Program Coordinators enter foster parent training credit into the DCBS Training Records Information Systems (TRIS) upon receipt of attendance records from ASK meetings that are submitted by APLs. ASK meeting participants receive two hours of training credit at each meeting they attend.
- ASK webpages were maintained and updates to the following content were made as needed:
 - APL contact information and photos
 - ASK meeting locations and times
 - Quarterly training calendar and topics
- Program Coordinators oversaw the provision of childcare services at ASK meetings
 - Recruited childcare providers as needed through the development and dissemination of advertisements and flyers
 - Conducted both Criminal and Child Abuse and Neglect (CAN) background checks on all applicants and ongoing providers as outlined in program policy
 - Oriented 11 new providers
 - Provided oversight and scheduling of ASK childcare providers

Objective 4: Publicize support groups

- 133 emails were sent to a total of 31,945 foster/adoptive parents via TRIS to encourage participation and attendance at ASK meetings
 - *Note: This number includes duplicate recipients in FY17*
- Over 300 packets were mailed to newly approved DCBS foster and adoptive homes to encourage their participation and attendance at ASK meetings. Packets include a welcome letter, support group flyer with meeting information and APL contact information, and an ASK magnet.
- 11 Recruitment and Certification (R&C) team meetings were attended by a Program Coordinator to promote ASK and solicit feedback and suggestions regarding the program's services
- Emails were sent monthly to R&C supervisors and staff to provide them with programmatic updates and ASK training information
- Managed an ASK exhibitor booth at the Family Resource and Youth Services Coalition of Kentucky (FRYSCKY) Conference in Louisville, Kentucky
- Included support group information and an article in the bi-annual issue of FASTrack magazine
- APLs reported spending over 5,298 hours promoting and facilitating ASK support groups, as well as supporting Kentucky families
 - 720 one-on-one recruitment contacts were made by phone and face-to-face with individuals and families
 - 23,705 promotional emails were sent by APLs

Note: This number includes both individual and mass contacts sent via email

- 92 Public Service Announcements were submitted to promote adoption and adoption support groups
- 570 ASK flyers were posted statewide
- 217 contacts were made with PCC/PCP agencies or parents
- 72 contacts were made to relative caregivers
- 98 contacts were made to DCBS Adoption Specialists
- 607 group recruitment contacts were made. This includes but is not limited to:
 - Pre-service Classes
 - Conferences and Workshops
 - Faith Based Classes/Seminars
 - Network Meetings

Objective 5: Provide support to foster/adoptive parents through Adoptive Parent Liaisons

- 996 phone calls were made by APLs providing support to foster/adoptive parents
- 594 emails were sent by APLs providing support to foster/adoptive parents
- 312 one-on-one contacts were made by APLs with foster/adoptive parents providing support and training
- 213 contacts were made by APLs providing support via social media
- 1,736 text messages were made by APLs with foster/adoptive parents providing support

Objective 6: Provide consultation, support, and advocacy regarding adoption

- Program Coordinators and Adoptive Parent Liaisons provided adoption advocacy through the utilization of an ASK Facebook Page where articles related to adoption were shared, as well as information related to ASK support groups
- Program Coordinators provided consultation and support to Central Office, R&C, and DCBS Training Branch personnel, as well as foster/adoptive parents
- ASK administered the White Ribbon Campaign to promote adoption during November, which is National Adoption Month. For this campaign, Program Coordinators distributed 727 white ribbons and awareness flyers to the following:
 - ASK Support Groups
 - Recruitment and Certification Team Members
 - Adoption Branch Staff
 - SNAP Specialists
 - College of Social Work Faculty and Staff
 - SRAs, SRAAs, SRCAs, and Cabinet Leadership



The Children's Justice Act Task Force was established in accordance with the Child Abuse Prevention and Treatment Act (CAPTA), which authorizes grants to states to develop, establish, and operate programs designed to improve the following:

- The handling of child abuse and neglect cases, particularly cases of child sexual abuse and exploitation, in a manner which limits additional trauma to the child victim;
- The handling of cases of suspected child abuse or neglect related fatalities;
- The investigation and prosecution of cases of child abuse and neglect, particularly child sexual abuse and exploitation; and
- The handling of cases involving children with disabilities or serious health-related problems who are victims of abuse or neglect.

The Task Force is composed of professionals from across Kentucky who have been appointed by the Commissioner for the Department for Community Based Services (DCBS).

Objective 1: Disseminate information to the Task Force pertaining to state and federal policy and practice issues

- The Task Force received numerous updates on federal and state policy issues, the rates of child abuse and neglect nationally, and new legislative directives regarding the investigation of childhood sexual abuse
- The Task Force held four meetings and two conference calls
- The Program's Liaison, Rachael Ratliff, attended quarterly meetings and gave updates about Cabinet priorities
- Task Force members were invited to attend numerous national webinars and trainings of interest
- The Program Coordinator provided the Task Force with information concerning federal policies and initiatives as appropriate

Objective 2: Assist the Task Force with strategic planning regarding federally-mandated activities in accordance with 42 USC 5101 Section 107

- The Task Force utilized the CJA Annual Retreat to develop a Request for Proposals (RFP) and an RFP process to award CJA funds in accordance with CAPTA regulations in order to meet the Task Force's mandate. The RFP was released in September 2016 with an anticipated award notification date of November 1, 2016.

Objective 3: Work in conjunction with the Grant Administrator to develop new member orientation as needed

- During the retreat, members of the Task Force reviewed and signed a Confidentiality Agreement as well as the updated Conflict of Interest form. New and current members received an orientation and overview of the Child Abuse Prevention and Treatment Act (CAPTA), which was presented by Dr. Jay Miller.

Objective 4: Update publicity and recruitment materials as needed to ensure the information is accurate

- The project's webpage continues to be updated to include membership lists as well as strategic planning materials

Objective 5: Develop and implement a recruitment strategy to include a more diverse membership on the Task Force

- Since Task Force members are appointed by the DCBS Commissioner, recruitment is performed by the Grant Administrator. Two new members were appointed to the Task Force this fiscal year.

Objective 6: Facilitate meetings to include arranging meeting locations, sending meeting notices, arranging training and guest speakers, preparing agendas, and assisting in the recruitment of new members

- The Program Coordinator coordinated four Task Force meetings and two conference calls

Objective 7: Provide ongoing training for members

- Members received training in a variety of ways. Guest speakers attended meetings disseminating information regarding Child Abuse Pediatrics at the University of Kentucky Medical Center Program by Christina Howard and the recent legislative session by Representative Cantrell.
- Several members participated in national webinars that were related to the CJA
- The Program Coordinator and Regional Liaison attended the National Conference on Child Abuse and Neglect as well as the CJA Grantees meeting held in Washington, DC



Citizens Review Panels (CRPs) are groups of volunteer citizens throughout the nation who are federally mandated to monitor states' child protective services systems, with the overall goal of improving child protective services. In Kentucky there are active CRPs in the DCBS Southern Bluegrass and Jefferson Service Regions, along with a Statewide Panel.

Objective 1: Establish panels

- Two regional and one statewide panel with over 20 total members operated in FY 2017

Objective 2: Coordinate trainings and informational meetings

- An annual CRP meeting was held for all Kentucky CRP members in Louisville, KY
- Citizen Review Panel members received approximately 25 hours of training during FY 2017. The training included guest speakers at regional meetings as well as the statewide gathering noted above. Information on the following topics was provided:
 - Trauma Informed Care
 - Retention, recruitment, and morale of DCBS employees
 - Educational neglect/truancy prevention
 - Children exposed to batterers
 - A national program known as *Handle with Care*
 - Evidenced-based engagement and treatment strategies to empower families
- Many panel members were also involved in national webinars hosted by the National Citizen Review Panel Advisory Board
- Over 40 individuals from the Southern Bluegrass Region attended the *Conversation on Collaboration* hosted by the Southern Bluegrass CRP. This event focused on Trauma Informed Care.
- Over 75 individuals across the state attended the *What Works in Child Welfare Conference* hosted by the Statewide CRP.

Objective 3: Provide support for panel meetings

- Logistical and technical support was provided for all CRP meetings, which included the following:
 - Sending meeting reminders
 - Booking rooms
 - Assisting the chairpersons in developing an agenda
 - Co-facilitation of Panel meetings to achieve meeting objectives
 - Providing information and resource linkages to Panel members
 - Typing and distributing meeting minutes
 - Arranging catering
 - Reimbursing travel expenses for members
 - Ensuring confidentiality agreements and conflict of interest statements were completed and signed by each member
- Trainings were arranged for panel meetings per the chairperson's request

- Coordinated six conference calls for the following panels:
 - Jefferson CRP – 8/22/16 and 11/22/16
 - Statewide CRP – 8/22/16 and 11/22/16
 - Student CRP – 6/22/17 and 7/14/17

Objective 4: Assist panels with strategic planning

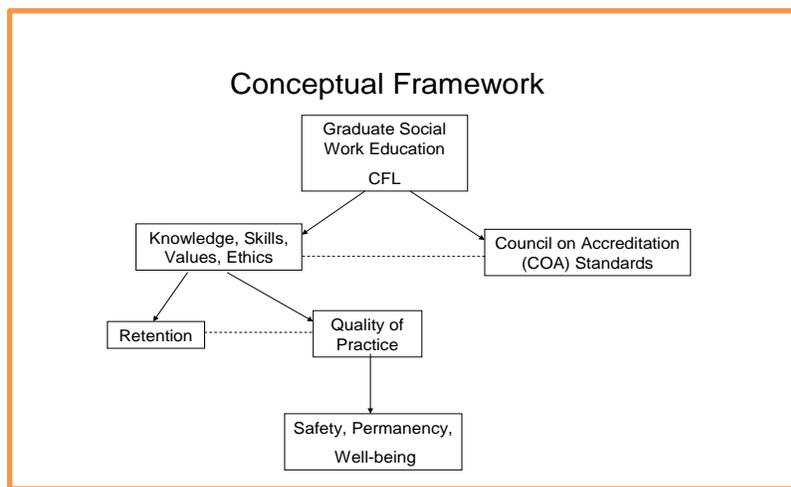
- With the assistance of the Program Coordinator, each panel developed a strategic plan with goals and objectives for evaluating components of the child protective services system. These were reviewed frequently throughout the year with Panel members.

Objective 5: Produce and disseminate reports of CRP activities, including an annual report which provides CRP recommendations and CHFS responses

- CRPs prepared meeting minutes from each Panel meeting and provided these to the Program Coordinator. These were used to develop annual CRP regional reports through collaboration between each CRP and the Program Coordinator. Both regional and annual reports were developed in FY2017. The annual report is posted on the CRP web site.
- Monthly meeting minutes were disseminated electronically to all CRP members and chairpersons. The Program Coordinator reported quarterly the activities of each CRP to the Director of Protection and Permanency.
- The CRP Annual Report was distributed to the DCBS Commissioner, Kentucky's Governor, and all General Assembly Members on the House Health and Welfare Committee



Credit for Learning (CFL), implemented in July 2002, is a collaborative project between the Cabinet for Health and Family Services (CHFS), Eastern Kentucky University Training Consortium (UTC), University of Kentucky (UK), University of Louisville (U of L), and Western Kentucky University (WKU). The UK College of Social Work collaborates with CHFS and the UTC in developing and implementing educational experiences for enhancing professional development and promoting best practice with vulnerable children and families. Social work faculty members dedicated to CFL are located at the main campus in Lexington and at the Master of Social Work (MSW) off-campus programs in Hazard/Prestonsburg and Morehead/Ashland. UK CFL faculty work in cooperation with CHFS and the UTC to meet the educational and professional development needs of CHFS child welfare staff both regionally and statewide.



NOTE: Due to differences in the calculations for fiscal years and university academic years, as well as the time required to process CFL students through the university system, the following numbers from our database may not capture all of the activity that occurred in FY 2017.

Objective 1: Increase the number of graduate trained staff through recruiting, advising, and mentoring CHFS personnel

- 32 CHFS MSW students were enrolled during the 2016 – 2017 academic year on all UK MSW campuses
- 15 CHFS students graduated from the MSW program during FY 2017
- 462 total CHFS students were enrolled in CFL courses offered through UK, including 394 students in new employee courses and 68 students in tenured employee courses
- The 32 CHFS MSW students have each taken at least three CFL courses. These courses may be applied as electives toward the MSW degree thereby assisting these students in completing their degree in a timely and efficient manner.

- The CFL Director and CFL Campus Coordinators conducted targeted recruitment of CHFS employees in their regions by:
 - Conducting three interactive virtual information sessions for CHFS employees interested in pursuing the MSW degree
 - Presenting MSW program information at Department for Community Based Services (DCBS) Protection and Permanency (P&P) supervisor and team meetings
 - Meeting with CHFS employees individually to provide information and answer questions regarding UK's MSW program as well as master's level education in general
 - Conducted recruitment visits to 30 Protection & Permanency offices in Eastern Mountain, Southern Bluegrass, and Northeastern DCBS Service Regions
 - Developing materials to supplement the UK College of Social Work's (COSW) application packet and website
- The CFL Director and coordinators provide individualized support to CHFS employees applying to the MSW program by:
 - Providing additional information to prospective students regarding the application process
 - Providing faculty references for applicants to the MSW program
 - Providing specific regional MSW program information
 - Assisting MSW program students with completing the DCBS stipend application
 - Coordinating the transfer of CFL credits from U of L and WKU
 - Providing a single point of contact for CHFS administrators, supervisors, and staff regarding the University of Kentucky MSW program
- The CFL Director and coordinators served as the academic advisors for all CHFS students in their respective MSW programs and provided the following:
 - Assisted CHFS students with new student orientation including MSW program and concentration planning, and registering for classes
 - Provided information and assistance regarding scheduling, course instructors, room assignments, technology requirements, financial aid resources, and textbooks
 - Mentored students in balancing work/school responsibilities to successfully matriculate through the program
 - Assisted with finding placements to fulfill the practicum requirements of the MSW program
 - Assisted in the resolution of problems that arose in CHFS placements
 - Promoted placements and careers with CHFS when advising and mentoring other students in the MSW program
 - Provided important information to students about deadlines, policies, and procedures
- Advising and mentoring activities included working with CHFS staff in CFL courses to facilitate transfer of learning from the classroom to their work in the field. The CFL Campus Coordinator in Southeast Kentucky is working with the Service Region Administrator in the Eastern Mountain Region to mentor new employees as they move through their professional development in the DCBS Academy for new employees. This has included one-on-one coaching and mentoring when requested by regional DCBS leadership.

Objective 2: Collaborate with state and regional personnel in identifying and addressing professional development learning and informational needs

- The CFL Director and Campus Coordinators identified and addressed CHFS professional development and informational needs through participation in local, regional, and state meetings. These included the following:
 - CFL Steering Committee meetings
 - Regional Training Coordinator meetings
 - Curricula development meetings
- The CFL Director collaborated with the UTC and the DCBS Training Branch to revise and update the *Case Management in Child Welfare* and *Partnership in Supporting Children and Adults in Need* courses
 - In January 2017 the DCBS Protection & Permanency New Employee Academy Revision Project, Academy 2.0, was initiated. Academy 2.0 will replace the current DCBS Protection & Permanency New Employee Academy. Academy 2.0 will be delivered in a hybrid format that blends online and face-to-face learning. The CFL Director was asked to take the lead on revising the *Partnership in Supporting Children and Adults in Need* course. The CFL Director developed curricula content, identified effective approaches for online learning, and developed new curricula for in-class course work. Revisions began in February 2017 and the new format will be offered to employees in September 2017.
 - The CFL Director provided a presentation to the DCBS Southern Bluegrass Regional Management Team regarding the development of Academy 2.0
- The CFL Director and Campus Coordinators are active participants in regional professional development activities and training
 - The CFL Director and UTC staff facilitated a focus group with DCBS Protection & Permanency Family Service Office Supervisors to solicit feedback regarding new employee training needs
 - The CFL Director met with DCBS Protection & Permanency Regional Training Coordinators (RTC) to present information about enrollment in the UK CFL courses
 - In the Eastern Mountain Service Region, the Campus Coordinator for the Hazard/Prestonsburg campuses provided consultation and support and conducted specialized training in the areas of Adoption and Safe Families Act (ASFA) guidelines and Out of Home Care (OOHC) timelines, as well as consultation on Council on Accreditation (COA) reports and planning
 - At the request of regional leadership, the Campus Coordinator in the Eastern Mountain Service Region provided one-on-one coaching and mentoring on safety planning, prevention planning, and case planning for DCBS employees
 - In the Northeastern region, the Morehead/Ashland Campus Coordinator continued to serve as a member of the Northeast Learning Team, and met with CHFS and community partners to implement a plan to meet regional needs via the MSW program in the Ashland area
- All CFL Campus Coordinators and the CFL Director assisted in obtaining Continuing Education Unit (CEU) workshops for the licensed social workers in their regions and distributing information about available workshops

Objective 3: Develop and implement courses offered through the CFL curriculum

- 21 UK CFL courses were offered in FY 2017 with 462 students enrolled for 1,386 graduate credit hours. UK CFL tracks CHFS employees who are taking the courses in credit or audit status. Some CHFS employees take the courses for training credit only. Training credit is tracked through the ECU Training Records Information System (TRIS).

CFL Course	Required/Voluntary	Options	University	Intended Audience
Academy Course 1 <i>Child Welfare Services</i>	Required	Credit Only	WKU, UK, UL	New P&P workers
Academy Course 2 <i>Partnership in Supporting Children and Adults in Need</i>	Required	Credit Only	WKU, UK, UL	New P&P workers
Academy Course 3 <i>Case Planning</i>	Required	Credit Only	WKU, UK, UL	New P&P workers
Academy Course 4 <i>Child Sexual Abuse</i>	Required	Credit Only	WKU, UK, UL	New P&P workers
Vulnerable Adults	Voluntary/Required for APS workers	Credit Only	WKU, UK, UL	Any P&P workers
Supervisor Seminar Series: <i>Adv. Casework Practice</i> <i>Casework Supervision</i> <i>Coaching & Mentoring</i>	Required for FSOS and SRAA/SRCA	Credit & Audit	UK, UL, WKU	P & P Supervisors
Collaborative Practice with Substance Abuse and Mental Health Services	Voluntary	Credit & Audit	UK	Any P & P staff



The Foster Parent Mentor Program specializes in one-on-one, short-term, intensive coaching relationships, which provide newly approved Foster Parents emotional encouragement, skill reinforcement, and parenting strategies unique to providing out-of-home care so as to enhance the quality of care provided and stabilize initial placements. The program matches newly approved foster parents (mentees) with veteran foster parents (mentors) for their first six months of service. Mentors seek to assist Mentees with applying skills learned during the initial training experience, identifying resources unique to their service region, modeling and encouraging appropriate partnership within the child welfare system, providing emotional support, and sharing practical parenting strategies.

Objective 1: Recruit, screen, and train potential mentors

- 85 new mentors were trained and 80 mentors retired from service
- Mentors received training on June 3rd presented by Paris Goodyear-Brown, LCSW, RPT-S, author, Founder and Director of Nurture House in Franklin, TN. The training was entitled, *Delight in Me: Bringing Back the Joy for Families in Distress*, which helps families recapture the joy stolen by neglect, trauma, anxiety, or a lack of connectedness between parent and child. 46 mentors attended and received six hours of ongoing elective foster parent training credit.
- 41 mentors received professional development on June 2nd provided by Program Coordinators

Objective 2: Assist in matching of mentors and mentees

- Program Coordinators facilitated and managed matches with those being newly approved as requested by regional staff
- 425 matches were finalized and managed
 - 9.9% of these matches experienced a disruption sometime during the six month mentoring period
- Program Coordinators conducted Mentee Orientations throughout the nine service regions with 804 potential foster parents during their initial training experience
- Program Coordinators conducted 14 face-to-face consultations with regional R&C staff statewide. They provided program activity reports, received mentor recommendations, and received information about potential mentees selected out of initial training.

Objective 3: Provide consultation and technical assistance to mentors

- Program Coordinators provided oversight and support to 498 active mentors statewide
- Utilizing the 5 Touch System of Match Management, Program Coordinators completed the following:
 - 796 initial calls to both parties to provide introductions, information and expectations related to the match
 - 796 two-week courtesy calls to both parties
 - Distributed 744 Sixty Day Quality Assurance Questionnaires to both parties
 - Placed 798 Ninety Day courtesy calls to both parties
 - Sent 348 Final Assessment Questionnaires to new families only

Objective 4: Compile data on occurrence of mentoring

- Maintained the program’s database used to generate activity reports, stipend payment information, and mailings
- Program Coordinators received, processed, and analyzed a total of 1,602 Mentor Monthly Contact Summaries (mentor/mentee interaction reports) with an annual return rate of 66.42%
- Mentors documented 2,204 hours of contact with mentees
 - 591 Face-to-Face visits
 - 1,431 Telephone calls
 - 411 Emails
 - 3,058 Text Messages
 - 379 Facebook Private Messages
 - 5,870 successful contacts made by mentors out of 6,658 attempts = 88% success rate
- The following table represents the top 15 topics of discussion between mentors and mentees, as well as the occurrence of discussions regarding the 12 skills contained in the previous PS: MAPP pre-service training curriculum.

Top 15 Topics	
Emotional Support	659
Communication	594
Birth Parents	487
Partnership	461
Reimbursements/Board	402
Documentation	366
Visits	357
Life Books	313
Medical Passport	307
Placement Timeframes	301
Court Hearings	300
Attachment	290
Respite Care	283
Behavior Management	269
Adoption	249

12 Skills	
Know Your Family	489
Communicate Effectively	414
Know the Children	384
Build Strengths/Meet Needs	232
Work in Partnership	421
Be A Loss/Attachment Exp.	160
Manage Behaviors	277
Build Connections	284
Build Self-esteem	94
Assure Health & Safety	269
Assess Impact	351
Make Informed Decision	317



The Foster Parent Training Program works closely with the Kentucky Cabinet for Health and Family Services (CHFS) Department of Community Based Services (DCBS) and other public universities in Kentucky, community partners from across the state, and foster families to identify foster parent training needs. Services include curriculum development and training delivery for child welfare professionals and foster parents, development and distribution of a bi-annual training e-magazine for foster and adoptive families, conference planning and event coordination, and a support and resource information hotline.

Objective 1: Develop curriculum

- Participated in the development of the new 5-hour behavior management training
- Began work on revising the Medical Passport Web Based Training

Objective 2: Coordinate/provide regional and/or statewide trainings

- Provided the following trainings:
 - *Care Plus* series was offered 2 times in the Southern Bluegrass Service Region with a total of 30 participants
 - *Adding to Your Discipline Toolbox* was offered 15 times with a total of 296 participants
 - *Discipline and the Traumatized Child* was offered 2 times with a total of 138 participants
 - *ADHD and Your Child* was offered 1 time with a total of 33 participants
 - *Foster Care Self-Care* was offered 4 times with a total of 24 participants
 - 24 total trainings provided
 - 521 total training participants
- Corresponded by email with foster parents in the Southern Bluegrass Service Region regarding training opportunities presented by the CHFS, ASK, The Network, UK, and local community partners
- Corresponded by email with R&C workers in the Southern Bluegrass Service Region, Salt River Trail Service Region, and the Northeastern Service Region regarding foster parent training topics and development
- Produced and mailed 11 copies of the new Respite Provider training CD to DCBS workers. The CD contained the training PowerPoint and workbook.
- Produced 18 thumb drives with two videos to be shown during pre-service training. These were distributed during a statewide R&C FSOS meeting.

Objective 3: Provide support through the Foster/Adoptive Support & Training (F.A.S.T.) Hotline and FASTrack Magazine

- Two issues of *FASTrack* e-magazine were developed
 - The Fall/Winter edition focused on the new training requirements and support available to foster/adoptive parents
 - The Spring/Summer edition focused on regional appreciation events and the support available to foster/adoptive parents
 - For the online distribution of this publication, a list of interested parties is maintained in addition to foster parents listed in TRIS
- Administered the F.A.S.T. Hotline (1-877-440-6376), which provided support and information to 24 foster/adoptive parents. The total amount of time spent providing support via the hotline was approximately three hours and 12 minutes. The following topics were discussed:
 - Pre-service training
 - Requirements to be foster/adoptive parents
 - Dental care
 - Information on ASK meeting dates, locations, and training topics
 - Information about the Network
 - Behavior management
 - Local DCBS contact information

Objective 4: Update and distribute the medical passport and its forms

- 4,535 medical passports were assembled and distributed to 83 of Kentucky's 120 counties
Note: Some DCBS service regions have a county that distributes to other counties in that region
- 81 sets of tabs were shipped to six counties to replace outdated tabs already in Medical Passports in county offices

Objective 5: Create and distribute Certificates of Completion and Appreciation

- Provided technical assistance through the creation and provision of 241 certificates to DCBS staff for foster parents completing required training

Objective 6: Create, maintain and update Foster Parent Handbook

- The updated Foster Parent Handbook was posted online for printing and viewing in July 2016. It is available at <http://manuals.sp.chfs.ky.gov/Resources/Pages/relatedResources.aspx> in alphabetical order under, *Kentucky Foster Parent Handbook 2016*.

Other activities:

- 2,048 DCBS foster parents and 15,971 Staff/PCC foster parents completed the *Medical Passport* web-based training
- Provided technical support for two Medically Complex Annual training events, one on September 30th and October 1st, 2016 and the other on March 23th and 24th, 2017
- Updated the Medically Complex brochure in July 2016, and March and June 2017

- Provided technical support and data entry for three Kentucky Foster/Adoptive Care Association (KFACA) trainings. This year's trainings were as follows:
 - 7/23/2016
 - *Social Emotional Health of Children*, 24 participants
 - *The Theory of Discipline*, 38 participants

 - 10/28-29/2016
 - *Coping with Grief and Loss*, 10 participants
 - *Kentucky's Adoption Assistance Program*, 7 participants
 - *Medical Indicators of Child Neglect*, 9 participants
 - *Internet Safety*, 10 participants
 - *Psychotropic Medications*, 8 participants
 - *Medical Passport*, 4 participants
 - *First Things First: How to Apply the Alliance Model of Child Welfare Practice*, 6 participants
 - *Reasonable and Prudent Parent Standards*, 4 participants

 - 4/7-8/2017
 - *Caring for Children Who Have Experienced Trauma Session 7*, 6 participants
 - *Caring for Children Who Have Experienced Trauma Session 8*, 3 participants
 - *Reasonable and Prudent Parent Standard Training*, 4 participants
 - *Sensory Processing Disorder*, 19 participants
 - *Parenting Tips for Behavior Management*, 14 participants
 - *Psychotropic Medications*, 8 participants
 - *Medical Passports*, 0 participants
 - *Advocacy*, 20 participants
 - *Adoption Subsidy*, 20 participants



The Grandparents & Other Relatives Raising Children Training Project is part of the Office of Child Welfare Evaluation, Support and Technology. Its purpose is to increase the number and quality of educational support groups for relatives raising children. The project aims to do this by providing resource materials, training, and/or consultation to anyone developing and/or leading such groups. In addition, the project works to advocate and support policies, practices, resources, and services needed for grandparents and other relatives to successfully raise the children in their care.

Objective 1: Identify and recruit group facilitators

- Maintained contact with state leadership and local coordinators of Family Resource Centers
- Maintained contact with the state Office of Aging and Independent Living's Caregivers Program and local coordinators
- Publicized the program's online resource materials and training/consultation services at the annual 2017 Grandparents as Parents (GAP) Conference and at the 2016 Family Resource Youth Service Center's Fall Institute
- Developed a directory of support groups for grandparents raising grandchildren in Kentucky. Forwarded a copy of the directory to the Kinship Hotline (Lena Morehead)

Objective 2: Develop and collect materials that can be used by group facilitators and advocates

- Distributed 100 copies of *How to Show Love to a Family Member Who is Abusing Drugs*
- Distributed 100 copies of *Caring for Children Exposed to Drugs During Pregnancy*

Objective 3: Provide training and consultation to those interested in forming and facilitating educational support groups for grandparents and other relatives raising children

- Consulted with three FRC coordinators (Floyd County, Harrison County, Burgin Independent) and five grandparents interested in beginning support groups
- Distributed 100 copies of the Grandparents and Other Relatives Raising Children Training Project resource packets

Objective 4: Advocate and support policies, practices, resources, and services needed for grandparents and other relatives to successfully raise the children in their care

- The Program Coordinator served as Co-Chair of the Kinship Families Coalition of Kentucky
- Continued efforts to disseminate the Caregiver's Authorization Affidavit to health care professionals
- Worked with the Kinship Families Coalition of Kentucky and Kentucky Youth Advocates to get a bill through the Kentucky Legislature to include fictive kin as possible relative placement
- Served as Chair of the Program Committee for the 15th Annual GAP Conference



The Medically Complex Training Program provides orientation, training, and support to Kentucky's foster homes providing care to children with complex medical needs. Foster parents working with the Cabinet for Health and Family Services and private child placing (PCP) agencies, along with DCBS and PCP staff, attend Medically Complex trainings. There are four web-based trainings (*Orientation to Medically Complex Care, Standards of Practice, Growth & Development, and Nutrition*) that are prerequisites to the initial medically complex group training, *Join Hands Together*. These are required for all families before they are designated as Medically Complex Foster Home.

The Medically Complex Training Program works in conjunction with the DCBS Training Branch and DCBS Division of Protection and Permanency to implement ongoing medically complex training in a format designed to meet the diverse training needs of the state's medically complex foster parents. The two statewide ongoing training events are scheduled in accordance with the recertification needs of medically complex foster parents. At these events, a range of training topics are available for foster parents to choose from to obtain their required ongoing medically complex training.

Objective 1: Develop curricula that will provide accurate and current information to medically complex foster parents

- The *Join Hands Together* (JHT) training was updated to include the most current DCBS Standards of Practice (SOP), as provided by the DCBS Medical Support Section
- The program printed updated copies of *Kentucky Disability Resource Manual* and distributed them to JHT training participants. Participants were also given the website for the new online version of the *Kentucky Disability Resource Manual*.
- Purchased additional training dolls with special needs and related medical supplies to provide hands-on training for tracheostomy care, g-tube care, ostomy care, urinary catheterization, and feeding tubes
- Development of a web-based training (WBT) on Diabetes and Tracheostomy Care was completed for use as an ongoing make-up training option. Development of a Pediatric Burns WBT is in progress.
- Collaborated with DCBS Training Branch, TRIS, and the ECU Training Resource Center regarding improvement of existing web-based trainings for JHT
- Launched a revised JHT curriculum that included training through the lunch period in order to increase the time spent on documentation, secondary to the number of questions received during previous trainings
- The annual/ongoing training events offered participants a professional, conference-style training that included expert speakers on topics related to the care of children who are designated as medically complex. Participants were able to select from breakout trainings to best meet the needs of the children in their care. Informational tables/booths were also available. These events allowed participants the opportunity to network with other medically complex foster parents. Name badges were color coded, and a color key was provided that allowed participants to identify others from their region.
- Both JHT and ongoing training evaluations were reviewed to determine which topics/courses/trainers were beneficial for participants, and decisions on upcoming training speakers and materials were based on this feedback. Most training evaluations met or exceeded expectations for achieving learning objectives, organization, understandability, practicality of training, and trainer knowledge, assistance, and enthusiasm.

Objective 2: Coordinate statewide trainings

➤ *Join Hands Together* was offered ten times on the following dates and locations:

- July 29th, 2016, Indiana Wesleyan University, Lexington
 - 9 DCBS Foster/Adoptive Parents
 - 9 PCC Foster Parents
 - 6 PCC Staff Members
 - Total participants – 24
 - No shows – 3
- September 9th, 2016, Indiana Wesleyan University, Lexington
 - 9 DCBS Foster/Adoptive Parents
 - 15 PCC Foster Parents
 - 5 PCC Staff Members
 - Total participants – 29
 - No shows – 3
- October 21st, 2016, Indiana Wesleyan University, Lexington
 - 8 DCBS Foster/Adoptive Parents
 - 9 PCC Foster Parents
 - 3 PCC Staff Members
 - Total participants – 20
 - No shows – 1
- November 12th, 2016, Training Resource Center, Lexington
 - 12 DCBS Foster/Adoptive Parents
 - 8 PCC Foster Parents
 - 4 PCC Staff Members
 - Total Participants – 24
- December 10th, 2016, Training Resource Center, Lexington
 - 0 DCBS Foster/Adoptive Parents
 - 7 PCC Foster Parents
 - 2 PCC Staff Members
 - Total participants – 9
 - No shows – 4
- January 21st, 2017, The Campbell House Hotel, Lexington
 - 10 DCBS Foster/Adoptive Parents
 - 8 PCC Foster Parents
 - 4 PCC Staff Members
 - 1 DCBS Staff Members
 - Total participation – 23
 - No shows – 2
- February 24th, 2017, Indiana Wesleyan University, Lexington
 - 11 DCBS Foster/Adoptive Parents
 - 9 PCC Foster Parents
 - 3 PCC Staff Members
 - 2 DCBS Staff Members
 - Total participants – 25

- April 7th, 2017, Indiana Wesleyan University, Lexington
 - 15 DCBS Foster/Adoptive Parents
 - 5 PCC Foster Parents
 - 5 PCC Staff Members
 - Total participants – 25
 - No shows – 1

- May 12th, 2017, Indiana Wesleyan University, Lexington
 - 12 DCBS Foster/Adoptive Parents
 - 10 PCC Foster Parents
 - 3 PCC Staff Members
 - 1 DCBS Staff Members
 - Total participants – 26
 - No shows – 2

- June 10th, 2017, The Campbell House Hotel, Lexington
 - 11 DCBS Foster/Adoptive Parents
 - 5 PCC Foster Parents
 - 1 PCC Staff Members
 - 7 DCBS Staff Members
 - Total participants – 24
 - No shows – 5

❖ **229 Total JHT Participants**

➤ **182 Total Foster Parent Participants**

➤ *The Medically Complex Annual/Ongoing Training Events* were offered two times

- Annual Training Event, September 30th & October 1st, 2016, The Clarion Hotel, Lexington, Kentucky
 - 98 DCBS Foster/Adoptive Parents
 - 56 PCC Foster Parents
 - Total participants – 154

- Annual Training Event on March 23rd & 24th, 2017, Capital Plaza Hotel, Frankfort, Kentucky
 - 78 DCBS Foster/Adoptive Parents
 - 60 PCC Foster Parents
 - Total participants – 138

❖ **292 Total Foster Parent Annual Participants**

Objective 3: Provide phone and email support to the DCBS Division of Protection and Permanency's Medical Support Section

- The Program Coordinator provided information and support to the P&P Medical Support Section's Nurse Service Administrator through regular meetings, phone conversations, and email correspondence
- Meetings and conference calls were held as needed to address concerns, suggestions, and changes related to medically complex training or its processes. Participants included TRC leadership, the Program Coordinator, the DCBS Medical Support Section, Adoptions Branch, and DCBS Training Branch.

Objective 4: Monitor training participation

- The Program Coordinator worked closely with the Training Records & Information System (TRIS) to enter and track medically complex training participation
- JHT sessions were designed to accommodate 25 participants (10 DCBS, 10 PCC, & 5 Staff) with five exception slots built in at the request of Central Office, when needed, for a total of 30 participants. All material was reviewed for accuracy and to ensure the information provided is relevant to all medically complex foster homes. A waiting list was employed when needed. Those on it were notified if space became available. DCBS/PCC workers were informed to go ahead and register participants for the next training if they were placed on the waiting list.
- Two weeks prior to a JHT training, the Program Coordinator checked TRIS to determine how many participants completed the required web-based training prerequisites. Participants, workers, and agencies were notified if a participant had not completed the online prerequisites. At one week prior to the training, any participant who had not completed the online prerequisites had their registration cancelled. One week prior to the training, the participant list was closed, except for exceptions requested by Central Office.

Objective 5: Maintain a listserv to distribute information to families providing medically complex care

- The Medically Complex listserv includes medically complex families, CHFS staff, and other community partners. It is continually updated and maintained. This listserv is used as a vehicle to disseminate important medically complex information and updates. There are 686 active email participants on the medically complex listserv (most often, one email is entered per household).
- Families are offered the opportunity to subscribe to this listserv at each training

Objective 6: Provide information, support and consultation to R&C staff

- Communicated with R&C supervisors and staff regarding the training calendar, as well as the training needs of those registered for training who did not attend or failed to complete the prerequisites to JHT within the specified timeframe
- Printed and distributed the Medically Complex brochure



The Office of Child Welfare Evaluation, Support and Technology (OC-WEST) comprises the guidance, administration, and program support of the University Training Consortium (also known as the Training Resource Center). This office also provides the general vision, leadership, and direction for the UK Training Resource Center through the TRC Management Team, UK and College of Social Work guidelines and directives, and, since the TRC is primarily grant funded, the Cabinet for Health and Family Services, and other grant sponsors.

Objective 1: Facilitate training, teaching, and promotion of organizational growth for human services workers throughout the commonwealth

- Provided leadership, oversight, and administrative and fiscal support to all UK TRC programs, each of which serves human services workers and foster/adoptive parents through training, teaching, and organizational growth (*please see all UK TRC progress reports*)

Objective 2: Act as a valuable link between the Department for Community Based Services (DCBS) field staff, universities, and community partners

- Responded to all requests for services and information from DCBS leadership and staff
- Worked collaboratively with the UTC and the DCBS Training Branch to creatively solve and overcome challenges as they relate to training and service provision
- Served on workgroups and committees to help ensure linkages and collaborative partnerships were made and maintained to further the mission and goals of DCBS, the UTC, and the UK TRC
- Administered the Grandparents and Other Relatives Raising Children Training Project
- Worked in partnership to provide oversight and coordination of a statewide appreciation event to recognize foster and adoptive parents and administered funding for regional appreciation activities
- Distributed information regarding UK TRC activities and trainings to DCBS staff, UTC members, COSW affiliates, and numerous other community partners

Objective 3: Provide service in training and/or facilitation capacity for Cabinet learning initiatives for DCBS staff and/or foster parents

- Coordinated meeting space and/or lodging in Lexington for all DCBS training events that were requested
- Maintained a database to track UK TRC event coordination that includes the following information:
 - Start and end dates of training
 - Title of training
 - Meeting room(s), times available, and rental costs
 - Lodging location, total room blocks, nights available, and room rates
 - Catering needs and costs
 - Audiovisual and room set-up needs
 - Number of participants
 - Dates invoices are received, reviewed, and sent to ECU for review and payment
 - Date Banquet Event Orders are received, reviewed, signed, and returned to hotel
 - Applicable per diem and mileage rates

Objective 4: Supply creative response to unique learning initiatives of the Cabinet and respective communities, including assistance in the development of Credit for Learning (CFL) courses

➤ See page 8

Objective 5: Provide direct-billing services by forwarding trainer lodging, per diem expenses, and other allowable costs arising from subcontractor's services directly from approved training events to Eastern Kentucky University Training Resource Center

Cabinet for Health and Family Services Specified Trainings

Total trainings: 26

Training participants: 426

Average attendance: 17

Estimated costs: \$146,033.79

Actual costs: \$66,907.04

Cost variance: \$79,126.75

Variance explanation: Trainings were attended by fewer than anticipated and/or fewer lodging nights were utilized than was initially estimated

Medically Fragile: Join Hands Together

Total trainings: 10

Total participants: 229

Average attendance: 23

Budgeted costs: \$17,500.00

Estimated costs: \$13,954.84

Actual costs: \$6,744.65

Estimated and actual cost variance: \$7,210.19

Variance explanation: Trainings were attended by fewer than anticipated and/or fewer lodging nights were utilized than was initially estimated

Medically Fragile: Ongoing Training Events

Total trainings: 2

Total participants: 292

Average attendance: 146

Budgeted costs: \$40,000.00

Estimated costs: \$34,907.6

Actual costs: \$32,385.44

Estimated & actual cost variance: \$2,522.16

Variance explanation: Trainings were attended by fewer than anticipated and/or fewer lodging nights were utilized than was initially estimated

Objective 6: Advise, consult, and develop research protocols related to the Title IV-E Waiver Demonstration Project Evaluation, the Child and Family Services Review (CFSR), and the state’s Performance Improvement Plan (PIP)

- In support of the Title IV-E Waiver Evaluation, Dr. Jay Miller has assisted and consulted on several aspects related to the project’s conceptualization, implementation, and evaluation. In most instances, this work has been actualized through active participation on the waiver workgroup and steering committee, providing written narrative for work plans (e.g., IDIR, etc.).
 - Dr. Jay Miller has provided integral leadership and support to the conceptualization, development, and writing of the Initial Design and Implementation Report (IDIR) submitted to the Children’s Bureau
 - Dr. Jay Miller has provided additional technical assistance (TA) and consultation regarding the evaluation plan for the KSTEP component of the Title IV-E Waiver Demonstration Project. This consultation has included TA on method, sampling, design, and research protocols.
- Dr. Miller has provided expertise and consultation to CHFS regarding appropriate Internal Review Board (IRB) protocols for the Title IV-E Demonstration Project across all aspects of the project’s evaluation
- Pursuant to DCBS’s Child and Family Services Review (CFSR) and subsequent Performance Improvement Plan (PIP), Dr. Jay Miller has led the collaboration between DCBS, EKU UTC, and UK TRC to evaluate and develop initiatives to improve self-care concepts associated with the DCBS workforce
 - Pilot self-care evaluation study completed in Spring 2017. These data will be used to develop self-care training initiatives that will be completed in Spring 2018.

Objective 7: Provide a forum for information sharing, problem-solving, and information dissemination relevant to DCBS and child welfare at large. Contribute to the building and maintenance of a “cycle of knowledge” that is continually using data and evidence to improve the organizational culture, practice, and policy of DCBS and the field of child welfare.

- Continued development and implementation of evaluation protocols for TRC programming
 - Conceptualizing Foster Parent Mentor Programs
 - Conceptualizing Adoptive Parent Support Groups
- Research to inform and refine DCBS and TRC programming
 - Exploratory needs assessment associated with child trauma and foster/adoptive parents
 - Adoption and child trauma
 - Self-care of DCBS staff
 - Methodological strategic planning processes for CJA/CRP
 - Participatory framework for CJA impact research
 - Needs assessment related to CRP restructure
- Strategic dissemination and information sharing
 - Dr. Miller and UK TRC staff have published several research articles in a variety of national and international peer-reviewed journals related to the work detailed above
 - In June 2017, TRC staff (Jeff Damron, Jessica Fletcher, and Chunling Niu) attended the National Foster Parent Association Conference in Houston, Texas and presented findings on the conceptualization of foster parent mentor programs



College of Social Work

*Professional Development
and Continuing Education*

The Office of Professional Development and Continuing Education provides lifelong learning opportunities for practicing social workers and related health service professionals to enhance their knowledge and skills and to meet state licensing requirements for professional practice. During FY 2017, 145 in-person workshops and 9 online workshops were offered. In total, 3,511 course completion certificates were awarded to professional social workers, psychologists, counselors, and students. Of the total 3,511 course completion certificates awarded, 141 of those were obtained through completion of online workshops.

Workshop Title	County	Attendees & Sessions
A Day in Rising Strong <i>(Collaboration with UK Work+Life)</i>	Fayette	12 1 session
Adolescents and Young Adults on the Autism Spectrum in Psychotherapy	Fayette	13 1 session
Avoiding and Diffusing Unwanted Symptoms in People with Dementia	Fayette	12 1 session
Building the Village Summit <i>(Collaboration with Bluegrass Center for Teacher Quality)</i>	Fayette	8 1 session
Bullying 101	Fayette	13 1 session
Creating Balance for Sustainable Leadership	Fayette	10 1 session
Disruptive Behavior Disorders of Childhood and Adolescence	Fayette	10 1 session
Flexibly Sequential Play Therapy	Fayette	81 1 session
Foundation Skills for Substance Abuse Treatment	Fayette	19 1 session
From Molly, Bath Salts, and BHO to Ibogaine, Suboxone, and Vivitrol: What's Going on in Substance Abuse Treatment	Fayette	19 2 sessions

Heroin, Opiates, and Medication Assisted Treatment <i>(Collaboration with Bluegrass Center for Teacher Quality)</i>	Fayette	40 1 session
HIV/AIDS: It Can Happen To You	Fayette	45 6 sessions
Integrated Behavioral Health Conference	Fayette	495 5 session
LCSW Supervision According to KY Law	Fayette	76 5 sessions
Marijuana in 2016: Why We Need to be Worried!	Fayette	21 2 sessions
Medically Complex Annual Conference	Fayette	98 27 sessions
Moral Injury and the American Veteran: Addressing the Moral Wound of Combat Veterans	Franklin	13 1 session
"Out in the Open" LGBTQIA Conference	Fayette	125 7 sessions
Preparation for the Bachelor's/Master's/Clinical Level Exams in Social Work Practice	Fayette	35 2 sessions
Sexting 411: What Everyone Needs to Know	Fayette Perry	5 1 session
Social Media and Ethical Considerations	Fayette	8 1 session
Social Work Ethics for Licensure Renewal	Fayette Perry	488 19 sessions
Success in Spite of Myself: A Patient's Perspective of Living with Anxiety	Fayette	9 1 sessions
Suicide Assessment, Treatment & Management	Fayette	23 3 sessions
Supporting Parents through Miscarriage, Stillbirth and Infant Loss	Fayette	8 1 session
Talking to Youth about LGBTQ Issues	Fayette	15 1 session
Toddler Battlegrounds	Fayette	15 1 session
UK College of Social Work Continuing Education Boot Camp	Fayette	739 26 sessions

Understanding Dialectical Behavior Therapy: The core of DBT Theory, Mindfulness and Skills Training	Fayette	42 1 session
Understanding Domestic Violence	Fayette	191 7 sessions
Understanding Pediatric Abusive Head Trauma	Fayette	151 7 sessions
Using Motivational Interviewing to Enhance your Practice	Fayette	26 1 session
What Works in Child Welfare Conference	Woodford	432 5 sessions
Working with Law Enforcement Officers and Their Families	Fayette	28 1 session
Working With Youth Presenting with Mood Disorders, Self-Injurious Behavior, and Suicidality	Fayette	29 1 session
You Have to Find the Time: Professional Self Care for Social Workers	Fayette	16 1 session



KENTUCKY

Public Child Welfare Certification Program

The Public Child Welfare Certification Program (PCWCP) is a pre-service education and training program for undergraduate junior and senior social work majors designed to prepare them for employment in public child welfare services. Participants are exposed to two child welfare courses, 24 hours of training at four program retreats, and an additional nine days of training in their last semester. Both of their practicum placements – accounting for 640 hours on-site in two semesters – are spent with the Kentucky Cabinet for Health & Family Services (CHFS) Department of Community Based Services' (DCBS) Protection and Permanency Units. This comprehensive and thorough preparation is designed to produce competent and confident workers. Statewide, the retention rate for participants who continue two years or more beyond their initial two-year commitment to employment with the Cabinet is approximately 85%.

In Kentucky, all eleven public and private universities with accredited undergraduate social work programs participate in PCWCP. The University of Kentucky participated in the design of the program, including its two child welfare courses, and admitted six students to the pilot class in August 1996. An informal program evaluation conducted by a CHFS researcher several years ago indicated a pattern showing that PCWCP graduates:

- Intervene more aggressively in cases and provide more services to families
- Use practices more consistent with the rating of risk in cases
- Placed more children with relatives, fewer children in private child care facilities, more children in adoptive homes, and fewer children in emergency shelter placements
- Visited children in out-of-home care more regularly
- Are rated by foster parents as providing more satisfactory visits to the children in out-of-home care, complete past due referrals in a significantly shorter period of time, and establish a permanency goal more often than a non-PCWCP group

The goal of the PCWCP at the University of Kentucky College of Social Work Training Resource Center is to recruit and train the most competent and well-prepared bachelor's-level professional social workers in the child welfare system by providing financial and academic support to qualified social work students. During FY 2017, UK had 15 of the total 116 PCWCP participants statewide, and graduated three of the 46 PCWCP graduates. UK has graduated 165 of the total 941 graduates to date since the inception of the program

Objective 1: Recruit and screen potential candidates at UK and Bluegrass Community & Technical College System (BCTCS)

- Presented program information to approximately:
 - 250 students in 13 UK classes at Lexington and Hazard campuses and Bluegrass Community & Technical College
- Made at least 40 face-to-face contacts with potential applicants

- Hosted an information/recruitment session in the fall and spring semesters for prospective applicants at the Lexington and Hazard campuses. Current PCWCP students and former graduates who are now employed by DCBS attended to provide information for students interested in the program.
- Facilitated recruitment of nine applicants with four recommended forward in Fall 2016, and eleven applicants in the spring with nine recommended forward for the Fall 2017
- Enrolled four new students in Fall 2016
- Created four videos that will be accessible on the COSW's website and YouTube link to assist with recruiting efforts. The videos include interviews with current PCWCP students and graduates of the program providing information about their experiences in the program or other information related to child welfare.
- Participated in a radio interview about the PCWCP program at UK on Lexington Community Radio.
- Created a blog for the COSW website about activities that the PCWCP students were involved in.

Objective 2: Provide academic support to PCWCP participants and underclassmen who show interest in preparing to apply for the program

- At least 60 face-to-face appointments were held with participants, excluding phone calls and emails
- The Coordinator and the PI provided at least 45 academic advisement appointments for all PCWCP participants and those aspiring to apply
- The Coordinator worked with CHFS Regional Training Coordinators and students to secure suitable practicum placements for each candidate. Six PCWCP students and one non-PCWCP student were placed in practicums in fall 2016. Seven PCWCP students and two non-PCWCP student were placed in practicums in spring 2017.

Objective 3: Maintain individual data for students

- The Coordinator maintained a tracking system that monitored PCWCP progress by tracking student academic performance and attendance at CHFS trainings
- The Coordinator maintained an individual file on every student in PCWCP

Objective 4: Coordinate with the CHFS Training Branch regarding student compliance with the program and routine reports on admissions, anticipated graduates, semester grades, program retreats, and other details

- Consistent contacts were made between Coordinator, Training Branch personnel, other Program coordinators and Cabinet personnel
- The Coordinator attended approximately 2 business meetings with PCWCP site coordinators and the two annual retreats

Objective 5: Support UK instructor of the two PCWCP Child Welfare Courses

- Assisted with course preparation as needed
- Provided back-up in case of instructor's need for absence
- Assisted with contacts with ITV personnel as needed
- Talked with instructor about PCWCP participants in the course, as needed
- Assisted instructor with management of student performance issues



Proud partner of the UTC and DCBS



University
Training
Consortium



*Cabinet for Health & Family Services
Department for Community Based Services*